

# MELTS ON MAIN

BREAKFAST // SERVED FROM 9 AM - 11:30 AM

## SANDWICHES

### BREAKFAST GRILLED CHEESE

scrambled eggs, bacon, three cheese sandwich. 8.50

### HAM + CHEESE SANDWICH

Ham, scrambled eggs, provolone, creamy dijonaise. 8

### STEAK + EGG

grilled steak, scrambled eggs, provolone 10

## BOWLS

### FRUIT BOWL

Assortment of seasonal fresh fruit. 6

### ACAI BOWL

acai sorbet topped with fresh fruit, shredded coconut, granola and choice of agave or honey. 9

suggested add on: peanut butter \$1

### PB BLUEBERRY CRUMBLE BOWL

Greek yogurt topped with blueberries, granola and peanut butter. 7.50

### POWER BREAKFAST BOWL

Sunny side up eggs, sauteed spinach, garlic parmesan tomato toast + slices of avocado. 9

### QUINOA AVOCADO BREAKFAST BOWL

Hard boiled egg, avocado, tomato, feta cheese on a bed of quinoa and kale. 9

## TOASTS

### AVOCADO TOAST

Two thick slices of house made avocado spread, scrambled eggs, topped with cherry tomatoes + sesame seeds. 9

### ALMOND BANANA TOAST

organic almond butter, banana slices topped with honey. 7

### SWEET TOOTH TOAST

Chocolate hazelnut spread with choice of fruit, topped with coconut shreds. 7

### CINNAMON FRENCH TOAST

three thick slices sprinkled with powdered sugar + cinnamon. 9

Consumption of undercooked meat, poultry, eggs, or seafood may increase the risk of food-borne illnesses.  
Let your cafe assistant know if you have any special dietary requirements.

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